

## Shalom and All Praises To The Most High (APTTMH):

Our new Growthwork/Homework assignment: **Glass, Candle & Water** exercise, is for the purposes of receiving deep abiding unanswered questions and/or putting an end to that repetitive lesson which you continue to find yourself. This exercise will give you with the answers to the questions that the Word of The Most High (TMH) promises to provide. Seek and you shall find.... seek first the kingdom of G-d and His righteousness, and all these things shall be added to you....humble yourselves, pray, seek The Creators Face and turn from your wicked ways. (Matt. 7:7, 6:33, 2 Chron 7:13 -14)

Well, you've been seeking TMH and His righteousness, praying and have humbled yourself and have turned from as many wicked ways that you can, yet, you still have an illness, a stronghold or perhaps you simply lack clarity as to your purpose and call? Well, that is because the canonized text leaves out the specifics on how to gain actual healing, how to actually break a strong hold and how to get the angels they reference to actually work on your behalf; particularly at your request.

Most of us have been indoctrinated to believe that by simply asking for something in a foreign tongue (English/Spanish, for example) and requesting it in a specific name, is how to receive from the Creator. However, this ideology of simply asking in a name and then receiving, seems quite over simplified. Particularly, when considering the specificity of the scriptures on so many topics, such as; the Tabernacle, dietary laws, the calendar, luminaries, offerings, priestly duties & provisions, etc., but not any descriptors on how to get the angels that cover you and appear to do just that? No specifics on how to be healed and made whole? (Luke 6:10) A mans hand is healed and restored as his other hand, by Yeshuah, yet no specifics on how The Christ did that? The text indeed alludes to or simply states emphatically about miracles and magi,, however there are never details provided. No specificity on how they occurred, it just happened!

How can this be? How does Christ actually heal? How does he multiply 2 loaves of bread, turn water into wine, cause Rahaviel and Pawnel to stand still? Does he speak words over these situations, does he use a wand? What about candles, or parchment? The truth is we don't know, and if the authors of the sacred texts originally included this information, the colonizers have removed it!

Taking away from the W-rd of G-d, is a significant part of our demise. It is a well known fact that most if not virtually all of the scriptures have been corrupted at some level, however, the canonized bible leads the path of corruption. Not only does it leave out much of the details of the exoteric information; it completely eliminates any particulars on the esoteric. Hence, this is the purpose of our Homework this week. Brother Big Levi, has given us specifics on one of our ancestral tradition; a tool, if you will, on how to get your guardian angel to appear and help you, so that we can truly begin receiving the blessings of Our Heavenly Father, The Mighty One, The Elohim of Abraham, Issac and Jacob, YaHaWah! This exercise will help you on how to get those unanswered questions, how to get healed and how to be whole! Here are the steps whereby you can speak directly with your guardian angel:

1. Purchase a white taper candle (beeswax) & taper candle holder
2. Find or purchase, if necessary, a tumbler glass (it must be glass)
3. Purify yourself through fasting & praying, (a day or more)
4. Practice meditating, seeking what question you should ask, and how to stay calm and at peace when the angel appears.
5. Concentrate on the goodness and majesty of Our Creator & write down your 1 question
6. Place the candle holder inside the glass tumbler
7. Place the candle inside the candle holder
8. Fill the glass 1/4 or a quarter of the way with water
9. Find a safe space on a night stand or table in your bedroom or wherever you are going to go to sleep.
10. Light the candle
11. **Pray**, by first **opening up the four corners**, **East** El Abba is to the east, listen

- and heed His voice. To the **West**, is the sealing power of YaHaWah. To the **North** is the Sabbath, wisdom and renewal. And lastly to the **South** from whence come all the spiritual gifts and the fire of purification will come (The Book of Remembrance, Origins of Man & Gospel, page 49)
12. Read Psalms 51, 7 times then read Psalms 23, 3 times
  13. Leave scriptures open, go to sleep.
  14. When awakened by angel do not panic, ask him/her 1 question. You may communicate with the angel for about 5 to 7 minutes. Use wisdom and stick to one subject/question at a time! (The forces of Nature are moving on your behalf, so one question.
  15. Once question answered, send the angel away in peace. "Thank you or Thawada, you may go in peace"

Well, that little assignment has a lot of steps. Hopefully, they all make sense and you will be able to follow. If not please leave a question and I will do better about reading the questions/comments and responding. As always, please share your experience!

May the Spirit of Righteousness be with you!

Mama T