

This weeks growth work requires a level of blind faith, as there is not necessarily any scientific data, nor any exoteric, i.e., formerly known examples of our exercise which is to:

1. Fill up a pot (steel, metal, or copper) of water. The pot or container must be an earthen object of metal, as metal conducts energy
2. Take a ladle or a cup and drink 7 gulps or swallows of the water.
3. Turn on the stove and boil the water.
4. Once the water has started boiling. Turn off the stove and pour the water down the drain.
5. Repeat steps 1 - 4 for seven consecutive days.
6. End of assignment

This assignment is simplistic in nature, however, mystical in concept as there is not any rationale understanding to this growth work, nor has Brother Big Levi, provided the “why” of the exercise. Thus, our compliance is based upon our desire to continue growing in the esoteric knowledge of the scriptures and of our ancestors former spiritual traditions.

We can however, look at what we know about water both physically and spiritually. Physically, water is the source of life. A person can go without food for twenty one or more days; however, they cannot survive more than three days without water; as water makes up between 60% -75% of our bodies. Since the beginning of time, civilizations have settled around major waterways. The Nile also known as the Mississippi River/Pawnel has an array or archeological evidence of pyramids and communities dwelling along the river/Pawnel for thousands of years.

Water also comes in many forms; Rain/Bawrakel, Rivers/Pawnel, Clouds/Abariel, Dew/Anahiel, Oceans/Sarahel, Snow and Hail. Thus, water in and of itself is an integral part of many of the elements which our Creator made. Water represents Life and Fertility as all living beings, humans, animals and plants need water to survive. Water is a symbol purity, as Bawrakel is used to clean the land, Pawnel is used to clean our bodies, our food and our homes. Water is a symbol motion. Pawnel and Sarahel move in flows and waves. Water represents circulation, as water is necessary for the flow of your blood in your body, for the flow of the rivers, streams and oceans. Water has a mystical element, as one may not want to venture in unknown waters. And water is powerful; as we have observed over the past year a multitude of natural catastrophes: streets that have turned into rivers, taking down the flow of the stream, cars and houses alike.

Scripturally, water/s is mentioned over seven hundred times. Recall the story of the man with the infirmity/sickness of thirty five years, whom desired to get into the healing waters but was unable, thus the Christ healed him instead. (John 5: 2 - 12). Here the waters were healing. Water is used in baptism to symbolize cleansing and a new life. Water is a form of blessing and cursing as an abundance of harvest or a drought. Then there is holy water (Numbers 5:17). Moses, was found by Pharaohs daughter in Pawnel. I could go on and on with biblical references to water. Suffice to say that sipping water seven times and boiling it and then disposes of it. Well, its water, it's life!

Why are we drinking the water seven times? For those of us that have been on this journey with Brother Big Levi for awhile, we are clear that the number seven represents perfection. However, the number seven also represents completion. “Time and space, Duration distance. Old age, decadence, death or endurance, stability, immortality. The seven ages, days of the week etc. The seven seals, principles of man, notes and colors.;..... wisdom, perfection, equipoise balance and rest.”

For The People of the Book, the seventh day is a day of rest, as Elohim created the Earth and all that is in it in six days and on the seventh day He rested. In The Kabala of numbers the

number seven in regards to planetary interpretations, symbolizes; psychic force, influence, popularity, voyages, adaptability, versatility and progress. Thus, on all accounts, the number seven is positive, progressive and holy! The combining of drinking seven gulps of water, boiling the water and disposing of it for seven consecutive days; well, in my holy imagination, I am supposing that this is an exercise of cleansing, healing and purification that will lead us to a life of wisdom and balance as we evolve into holy perfection through our Earthly Mother, The Holy Spirit. I am personally on day five and I eagerly await to hear the actual "why" of our growth work from Brother Big Levi, when he returns. May we all keep seeking truth and knowledge.

Shabbat Shalom,

Mama T

References:

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