

Shalawam Family,

Today, Sunday, July 31st, we begin our 40 day fast. This is the best time to begin a fast, as we are at the beginning of a new moon. The new moon represents new beginnings. This is the time to intentionally seek the assistance of our Angels to guide us down a path of righteously attaining back our rightful inheritances. Thus, we are asking that all of those that desire to participate, to please remember to **Supercharge your Candle today**, as we are fasting and praying asking Our Heavenly Father, our Earthly Mother, Arc Angels, Guardian Angels, the Four Quarters and 24 Elders, to assist us in "Taking Back The Kingdom"!

You are also being asked to **Supercharge a Candle** on the last day; September 9th. Since this article is super late being submitted on July 31st, might I suggest if you did not supercharge a candle on Sunday, perhaps you can supercharge a candle on your day of birth; mine is Wednesday. Remember when supercharging your candles to always first transmute the candle by addressing The Most High, Creator of All Things, He who has no beginning and no end. He that has Always been and will Always Be! Then **Open the Four Corners-** (Salute Four Corners) East/ Mezrach is the first quarter because it is first, and it is where the Throne of TMH resides. South/Darom is the second quarter because this quarter is where all spiritual gifts and the fire of purification reside, as well as where The Most High will descend. The West/ Maareb is third, the diminished, the sealing power of YaHawah, because all the luminaries descend in the West. The North/Tazphon is the fourth quarter as it contains three parts; the dwelling of man; the waters, forests, abyss; and garden of righteousness (Enoch 2: 82-87) The North also represents the Sabbath, wisdom and renewal.

This 40 day fast is a liquid fast. Thus, while you are fasting you are able to drink water, teas and juices. These should preferably be non-decaffeinated (because caffeine is dehydrating) The fast is sun up to sun down; however, you are able to make your own commitment with the Heavenly Father and the Earthly Mother, i.e., The Holy Spirit. For example, I am doing the fast from 6 pm to 10 am. This is 16 (1 + 6 = 7) hours. You have to make your commitment, but do please keep whatever the commitment is that you make. (Numbers 30: 1 - 2; Deut. 23: 21 - 23 & Eccl. 5: 4 - 6a)

Please also remember that we will begin the 2nd round of the kidney dialysis, on August 1st, 2nd & 3rd. This is taken 3 times a day for 3 days!

The first homework experiment is for those who are having issues sleeping and/or are having spiritual attacks. We'll call it; "**Warring Off Spiritual Attacks**"

Supplies:

Candle

Small pouch (a jewelry pouch would work)

Matches (preferably red strike)

Head of purple garlic

Sesame Seeds

Salt (Haitian, Himalayan or regular salt) Haitian best, Himalayan is pink salt, found at Ross, TJ Maxx)

Directions:

Transmute all of the elements: Pouch, Salt, Sesame, Purple Garlic, by seeking The Most High through opening The Four Quarters, Calling upon your Guardian Angels for passage, asking for assistance from the 24 elders, praying and asking for their assistance with warring off these spiritual attacks or assisting you rest peacefully. Light a candle (you can also supercharge the candle before lighting)

Open the pouch, and put the following inside of the pouch

7 cloves of purple garlic

7 pieces of Haitian or Himalayan salt or 7 pinches of regular salt

2 teaspoons of sesame seed

Then seal the pouch by sewing up the opening. Then place the pouch in the pillow case which you lay your head to rest. (you can also cut a section in your pillow and place the pouch inside the actual pillow and then sew it up). You will keep the pouch under your pillow during the entirety of the 40 day fast. Once the fast is complete you can remove the pouch and then thank our Heavenly Father, Earthly Mother, Guardian Angel, Arc Angels and Angels of the Four Quarters as well as Our/Your 24 Elders. Once the 40 day fast is complete, you will send them in peace thanking them for successfully keeping all negative spirits away and thanking them for all the other successes you received during this experiment.

Additionally during the fast and to assist in warring of spiritual attacks you can take a **Purification Bathe**.

Supplies:

Tub or Shower

Pot

Water

Salt, Haitian, Himalayan or regular salt)

Directions

Make salt water. Get a pot, lets say 2 to 4 cups of water. Pour a couple of tablespoons of salt in the water in the pot. Boil the water and let it cool. Once cool, place salt water in a cup.

Take a regular bath wash yourself, then take the pre-made salt water and pour it over you while you are in the tub, or shower pour the salt water from the cup over yourself. It would be good to be praying while doing this too seal the purification.

Next, pray to The Most High by Calling upon your Guardian Angels for Passage, Open the Four Quarters (see above for specifics), Call upon the 24 Elders. Then read Psalms 121 and Matthew 5:13 - Latin is best!

Psalms 121 English/NIV	Psalms 121 Latin NIV
<p>I rejoiced with those who said to me, “Let us go to the house of the Lord.” Our feet are standing in your gates, Jerusalem. Jerusalem is built like a city that is closely compacted together. That is where the tribes go up— the tribes of the Lord— to praise the name of the Lord according to the statute given to Israel. There stand the thrones for judgment, the thrones of the house of David. Pray for the peace of Jerusalem: “May those who love you be secure. May there be peace within your walls and security within your citadels.” For the sake of my family and friends, I will say, “Peace be within you.” For the sake of the house of the Lord our God, I will seek your prosperity.</p>	<p>Laetatus sum in his qui dixerunt mihi, “Eamus in domum Domini”. Pedes nostri stant in portis tuis, Ierusalem. Ierosolyma aedificatur ut urbem quae arcte conecitur. Hoc est ubi ascendunt tribus, tribus Domini — ad laudandum nomen Domini secundum statutum Israeli datum. Sedes ad iudicium, Sedes domus David. Orate pro pace Ierosolymorum: Sint qui te diligunt secure esse. Sit pax in muris tuis et securitas in arcibus tuis. Propter familiares meos et amicos, dicam: "Pax in te est". Propter templum Domini Dei nostri: ego quaeram te felicitatem.</p>

Matthew 5: 13 - 15 English/NIV	Matthew 5: 13 Latin/NIV
<p>“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, t hat they may see your good deeds And glorify your Father in heaven.</p>	<p>Vos estis sal terrae. Quod si sal salsuginis amittit; quomodo salsa est iterum? Iam non est ad aliquid bonum; nisi ut mittatur foras et conculcetur. Vos estis lux mundi. Oppidum in colle positum latere non potest. Neque accendunt lucernam et ponunt eam sub patera. sed posuerunt super eam stantes. et lucet omnibus qui sunt in domo. Sic et ante alios luceat lux vestra petasum ut videant tua bona facta et glorificent Patrem vestrum qui in caelis est.</p>

You may complete All Steps; A & B, then 1 & 2 all at one time, or you can complete A& B and then do steps 1 & 2 on another day. It is probably best to purify yourself first, but if done with the right heart, correct intentions and faith of a mustard seed, both voluntary assignments should aide in eliminating bad dreams, night mares and unrighteous spirits in your midst; particularly in your home.

Another voluntary **Homework/Experiment Reading Psalms 58:** for those that are **Seeking Justice and/or Recompense.**

Supplies:

White Candle & Bible

Directions:

- Purify yourself with a Salt Bath (See Step A above)
- Supercharge a candle (See paragraph 2 above)
- Open 4 quarters (See paragraph 2 above)
- Once the candle is lit (try to use a red strike match)

Place the candle on a table (something you can stand or sit over). Then pick up your Bible and hold the Bible over the candle, turned to Psalm 58. Read Psalm 58 three times (read 3 times) ask that the enemy or “name”,)insert name inside of Psalms 58 for enemy, pray that the Angels stop this person in their tracks from working evil works against you....

PSALMS 58	PSALMS 58 - NAME OR ENEMY INSERTED
<p>Do you rulers indeed speak justly? Do you judge people with equity? No, in your heart you devise injustice, and your hands mete out violence on the earth. Even from birth the wicked go astray; from the womb they are wayward, spreading lies. Their venom is like the venom of a snake, like that of a cobra that has stopped its ears, that will not heed the tune of the charmer, however skillful the enchanter may be. Break the teeth in their mouths, O God; Lord, tear out the fangs of those lions! Let them vanish like water that flows away; when they draw the bow, let their arrows fall short. May they be like a slug that melts away as it moves along, like a stillborn child that never sees the sun. Before your pots can feel the heat of the thorns—whether they be green or dry— the wicked will be swept away. The righteous will be glad when they are avenged, when they dip their feet in the blood of the wicked. Then people will say, “Surely the righteous still are rewarded; surely there is a God who judges the earth.”</p>	<p>Do you rulers indeed speak justly? Do you judge people with equity? No, in your heart “NAME” devises injustice, and “NAME” hands mete out violence on the earth. Even from birth the wicked go astray; from the womb they are wayward, spreading lies. “NAME” venom is like the venom of a snake, like that of a cobra that has stopped its ears, that will not heed the tune of the charmer, however skillful the enchanter may be. Break the teeth in “NAME” mouths, O God; L-rd, tear out the fangs of those lions! Let “NAME” vanish like water that flows away; when “NAME” draws the bow, let “NAME” arrows fall short. May “NAME” be like a slug that melts away as HE/SHE moves along, like a stillborn child that never sees the sun. Before your pots can feel the heat of the thorns—whether they be green or dry— the wicked will be swept away. The righteous will be glad when they are avenged, when “THE RIGHTEOUS dip their feet in the blood of the wicked. Then people will say, “Surely the righteous still are rewarded; surely there is a God who judges the earth.”</p>

After reading Psalms 58, fold the page of Psalm 58 in half in your Bible. Then you state that I will not unfold Psalm 58 until I have received justice or recompense.

The next Homework/Experiment is to **Chase Evil Spirits:**

Supplies:

Scissors
Spoon & Fork.
String, preferably red

Directions:

Open scissors, in form of a X, place the spoon & fork on top of the scissors, then tie them together (preferably with a red string). Next, place the tied together scissors, spoon and fork under the pillow which you use to rest. While you are placing under the tied together scissors, spoon and for call out the following Tetragrammaton: AGLA +ON + OSTON + JEHOVA + AGIOS + EL + SHABDAI + ISHYROS+ ABONAI. (Only do this once, as calling out these names should be done in reverence with a serious heart.

Whatever spirit, or whatever demon may be in your house will leave. Do know that wicked spirit may be an individual or loved one.

A **second**, assignment that will also aide in **Chasing Evil Spirits** is the following:

Supplies:

White paper and a pen:
A meal prepared, preferably one with a sauce

Directions:

Cut or tear the sheet of paper in half. Write the name of the person that is doing injustice to you. If you don't know the name of the person write; "To All My Enemies", write the name of this person seven times, or write "To All My Enemies", seven times. Finish eating a meal. Take the paper that you have written on, then ball up the paper, then wipe the plate, bowl or dish clean with the paper. Then you say to aloud, "the person/s (**NAME**) that are bothering me, you were able to do this because you were not busy." You then, throw the crumbled, soil paper into a fire and let it burn. And don't look back.

The last two experiments are for those that have **Water or Swelling Feet.**

Supplies:

Honey & Flour

Directions:

Purify yourself with a Salt Bath (See Step A above)
Supercharge a candle (See paragraph 2 above)

Open 4 quarters (See paragraph 2 above)
Once the candle is lit (try to use a red strike match)

Mix flour and honey to make a paste. You will then rub this paste on your feet to make a cast or mask for your feet. You need to wrap this honey and flour paste on your feet. Leave on your feet for 12 hours per day for 10 days. The pain and swelling will go away.

A secondary experiment to **Eliminate, Pain and Swelling in the Feet:**

Supplies:

Spanish Moss, aka: The Old Mans Beard or The Spanish Beard
Haitian Castor Oil or Castor Oil

Directions:

Mix the Spanish Moss and the Haitian Castor Oil together, and then rub it on your feet, this will also help elevate water and swelling on your feet

Well, this was quite a bit fun! I will conclude with some really positive news. I believe I know one of the ways The Most High is going to give us back the kingdom. Brother Nadab and I have begun doing research on this information, and I will begin a deep dive this week, implementing my findings personally and then preparing a presentation for the Nation. I will request a Zoom in order for Brother Nadab and myself to present this information to the Family in the next 2 to 3 weeks. I am excited to share this and I KNOW this will aid and assist the majority of us to reclaim our birth given inheritances; land and right to live in peace with all of our needs being met.

In the mean time during this fast, let's seek the Face of Our Father, study our Angels and the Heavens and find out what is our purpose and divine gifts; as well as how we can be a blessing to one another! As Brother Big Levi stated today, the homework and/or experiments are for those that freely desire to participate. Please do not ever embark upon any of these homework assignments, without first seeking Our Creator, the Holy Spirit and your Angels to guide you. If you do not personally do your own research to get an overstanding, as well as confirmations to move forward with the homework assignments, then you should Not participate! This does not mean that you may never try some of these suggestions, however, you should do it when you are comfortable and confident in the process; as it does require faith. And without faith....well works without faith is dead being alone! (James 2:6)

Lastly, please know as I do this deep dive for the next few weeks, I may be off grid to fully gain an overstanding and prepare a presentation for this blessing

that we are about to receive. I will be fasting and present at the prayers when I am able, however, I will always be with you all in spirit!

Much Ahab Family!

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